

UNITS OF MEASUREMENT

WEIGHT

US Standard Measurements	= Metric Weight	= Metric Weight
1 ounce	0.02835 kilogram	28.35 gram
35.27396 ounce	1 kilogram	1000 gram
1 pound	0.453592 kilogram	453.592 gram
2.20463 pound	1 kilogram	1000 gram
1 short ton	0.907184 metric ton	907.184 kilogram
1.102311 short ton	1 metric ton	1000 kilogram
1 long ton	1.016047 metric ton	907.184 kilogram
0.984207 long ton	1 metric ton	1000 kilogram

LENGTH

US Standard Measurements	= Metric Weight	= Metric Weight
1 inch	2.54 centimeter	0.0254 meter
0.3937 inch	1 centimeter	0.01 meter
1 foot	30.48 centimeter	0.3048 meter
3.28084 feet	100 centimeter	1 meter
1 yard	90.44 centimeter	0.9144 meter
1.093613	100 centimeter	1 meter
1 mile	1609.344 meter	1.609344 kilometer
0.621371 mile	1000 meter	1 kilometer

AREA

US Standard Measurements	= Metric Weight	= Metric Weight
1 square foot		0.0929 square meter
10.7639 square foot		1 square meter
1 acre	0.4047 hectare	0.004047 square kilometer